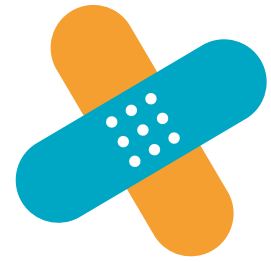


Protect Yourself from COVID-19



Get Vaccinated Today!

Getting vaccinated is one of the most important actions you can take to protect yourself and your family. It can also prevent serious illness or hospitalization if you get sick with COVID-19. Booster doses are recommended to help keep your immunity strong and provide protection against virus variants.

Not sure when you can get a COVID-19 vaccine booster?

See below table for age requirements and recommended timelines.

IF YOU RECEIVED Pfizer-BioNTech™	Who should get a booster: <ul style="list-style-type: none"> Everyone 12 years and older 	When to get a booster: At least 5 months after completing your primary COVID-19 vaccination series	Which booster can you get: <ul style="list-style-type: none"> Pfizer-BioNTech or Moderna (mRNA COVID-19 vaccines) are preferred in most* situations Teens 12–17 years old can only get a Pfizer-BioNTech COVID-19 vaccine booster
IF YOU RECEIVED Moderna™	Who should get a booster: <ul style="list-style-type: none"> Adults 18 years and older 	When to get a booster: At least 5 months after completing your primary COVID-19 vaccination series	Which booster can you get: Pfizer-BioNTech or Moderna (mRNA COVID-19 vaccines) are preferred in most* situations
IF YOU RECEIVED Johnson & Johnson's™ Janssen	Who should get a booster: <ul style="list-style-type: none"> Adults 18 years and older 	When to get a booster: At least 2 months after completing your primary COVID-19 vaccination	Which booster can you get: Pfizer-BioNTech or Moderna (mRNA COVID-19 vaccines) are preferred in most* situations

*Although mRNA vaccines are preferred, J&J/Janssen COVID-19 vaccine [may be considered in some situations](#).

How to Schedule Your Booster:

You have several options to find a COVID-19 vaccination or booster dose at a site near you. They are available through:

- Contacting your Health care provider
- Contacting your local pharmacy
- Visiting myturn.ca.gov to find other providers

If you need additional help finding a COVID-19 Vaccination or Booster, you can visit coronavirus-sd.com/vaccine for a County of San Diego vaccination site.

Questions?

If you do not have access to a computer or someone to assist you, you can call **2-1-1** to be connected with a professional who can help direct you and assist with scheduling an appointment at a location near you.

For more information on COVID-19 vaccines, please visit:

coronavirus-sd.com/vaccine



03-08-2022

Commonly Asked Questions

1. Who should get an additional dose and booster dose?

- Some people ages 5 years and older who are [moderately or severely immunocompromised](#) should get an additional primary dose. If eligible for an additional primary dose, they should get this dose first before they get a booster dose.
- Everyone ages 12 years and older should get a [booster dose](#) after they have completed their COVID-19 vaccine primary series.

2. What does “immunocompromised” mean?

[Moderately or severely immunocompromised](#) means to have a weakened immune system. The immune response following COVID-19 vaccination may differ in people who are moderately or severely immunocompromised.

Specific guidance has been developed for the following:

- Children ages 5 through 11 years who are moderately or severely immunocompromised should receive a primary series of 3 doses of Pfizer-BioNTech COVID-19 vaccine. At this time, this age group is not yet eligible for a booster.
- People ages 12 years and older who are moderately or severely immunocompromised may receive a total of up to 4 doses of COVID-19 vaccine. The 4 doses are made up of a primary series of 3 doses of an mRNA COVID-19 vaccine, plus 1 booster of an mRNA COVID-19 vaccine (4th dose). If the person received the single-dose J&J/Janssen COVID-19 vaccine as their primary series, the booster would be their 3rd dose.
- For more information, regarding timing of COVID-19 doses, please see the [Vaccine Eligibility Chart](#).

3. Do booster doses use the same ingredients as existing COVID-19 vaccines?

Yes. COVID-19 booster doses are the same ingredients (formulation) as the current COVID-19 vaccines. However, in the case of the Moderna COVID-19 vaccine booster, the dose is half the amount of the vaccine people get during their primary series.

4. Does the definition of “up to date” include a booster dose?

[Up to date](#) means a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible. As of March 2022, [fully vaccinated](#) means a person has received their primary series of COVID-19 vaccines.

5. How long do I need to wait after getting a flu vaccine or another vaccine before getting a COVID-19 vaccine?

You can get a COVID-19 vaccine and other vaccines (e.g., [flu vaccine](#)), during the same visit. Data on the safety of COVID-19 vaccines, and experience with other non-COVID-19 vaccines, have shown that the way our body's build protection (i.e., immune response) and side effects are similar when vaccines are given alone or together.

6. If I already had COVID-19 and recovered, am I protected by natural immunity?

You should get a COVID-19 vaccine even if you already had COVID-19 and recovered. While getting sick with COVID-19 offers some defense from future illness against the virus (i.e., natural immunity), the level of protection varies greatly from person to person. Getting vaccinated against the virus that causes COVID-19 is a much safer option to greatly reduce the risk of hospitalization and death. Vaccination after infection, even if that infection was after the primary series, maximizes the body's protection both in strength and time.

7. If I got vaccinated outside the U.S., can I still get a booster?

People 12 years or older who were vaccinated outside the U.S. with other COVID-19 vaccines can get a booster dose if they:

- Received all the recommended doses of a [World Health Organization emergency use listing \(WHO-EUL\) COVID-19 vaccine](#), not approved or authorized by the U.S. Food and Drug Administration (FDA).
- Completed a mix and match series composed of any combination of [FDA-approved, FDA-authorized, or WHO-EUL COVID-19 vaccines](#).

Those who meet the above requirements can get a single booster dose of Pfizer-BioNTech COVID-19 vaccine at least 5 months after getting all recommended doses or completing a mix and match COVID-19 vaccine series.

For more information on COVID-19 vaccines, please visit:

coronavirus-sd.com/vaccine



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